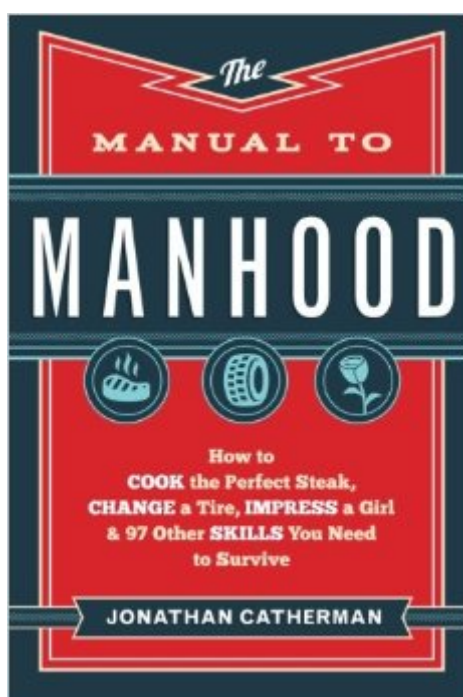


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# The Manual To Manhood: How To Cook The Perfect Steak, Change A Tire, Impress A Girl & 97 Other Skills You Need To Survive



## Synopsis

There's a lot a young man in the making needs to succeed as he grows up and prepares to make his way in the world. Many important skills and character traits he should acquire he might not be quick to ask how to do because, well then, people would know he doesn't know what he is doing, just yet. For all the guys who want great advice from world class experts about getting life together, Jonathan Catherman offers this collection of one hundred step-by-step instructions on almost everything a guy needs to know, including how to; wear cologne correctly • grill a steak • tie a tie • manage money • talk to a girl • plan a date • write a résumé • ask for a reference • clean a bathroom • throw darts • change a tire • behave during a traffic stop • fold a shirt • clear a sink drain • find a stud in a wall. In fact, if it's in here, it's an important skill or character trait practiced by capable and confident men. With great illustrations and supporting social media, this all-in-one reference tool is the perfect gift for any guy's birthdays, graduations, or just because you care that your guy becomes the best of men. Supporting Guys Group resources are available as FREE downloads at [jonathancatherman.com/free-guys-group-downloads.html](http://jonathancatherman.com/free-guys-group-downloads.html).

## Book Information

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## Customer Reviews

I gave this book to my twin 14 year-old boys and asked them to read through several sections. I don't know exactly which sections they read, but both of them spent a decent amount of time with the book (that means an hour for one of them and a couple of hours for the other). Now, telling their mom what they thought of the book seemed like a dance for them. They didn't want to act like they had learned anything (because of course, 14 year-olds know everything), so both of them said it

was kind of common sense. Well, maybe the chapter on wearing deodorant and brushing your teeth were, but I think that there were a lot of chapters on topics they hadn't even considered, like grilling a steak, changing a tire, and finding a stud in the wall!! I also had my 24 year-old daughter read through it, and I read several chapters. We both thought that it had great topics and that it was a good manual to have around so that you could learn things at just the right time. We did think that several chapters were very shallow -- especially in the section on impressing girls. It includes topics such as talking to a girl for the first time, planning dates, and meeting the girls' parents. I thought it was lacking in the areas of how to treat a girl with respect (for example, it never even mentions opening doors for her), ideas of what to do on a first date (such as determining what she is interested in), or double dating etiquette. As a mom, I was also a bit disappointed in the the social skills and manners section. It talks about how to make a bed, but doesn't deal with manners items such as eating appropriately, phone and text etiquette, or tips on maintaining a conversation. I would have appreciated a section on how to find out more details about things -- who to talk to or what books to read.

What does it mean to be a man? What is manhood? What does it take to be a gentlemen? What about the path from boys to men? This book addresses all of these through 100 tips that range from developing skills within the house and outside. Call it survival skills or common knowledge, the author Jonathan Catherman believes that moral character needs to be supplemented by basic skills of fixing stuff, appropriate behaviour, personal grooming, financial management, relating to people, dating, and any conceivable things that a young man needs to learn. In doing so, the hope is that there would be more gentlemen who exudes confidence and cultivates a character that is consistent with the nature of manhood that God has created man to be. There are ten categories described.1) Women and Dating2) Social Skills and Manners3) Work and Ethics4) Wealth and Money Management5) Grooming and Personal Hygiene6) Clothes and Style7) Sports and Recreation8) Cars and Driving9) Food and Cooking10) Tools and Fix-ItThe range of coverage is pretty wide. Take the section on women and dating for instance. It not only describes the way to date a girl, it even gives tips about how to respectfully break up with a girl when things do not work out! The section on social skills and manners is sorely needed. I have seen too many boys and young males make fun of girls inappropriately or exhibit childish behaviour. I appreciate the section about tipping but I am not so sure about how useful it is to order from a menu in a step by step manner. In a multicultural society, different restaurants will have their particular menu choices. I laugh and nod my head when I read about cleaning the toilet and making the bed. Spot on!

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